

DIGESTION — THE MOST MISUNDERSTOOD BODILY FUNCTION!

by
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"I have finally come to the konklusion that a good reliable set ov bowels iz worth more to a man than enny quantity of brains." —Josh Billings♥

I was told that I learned the meaning of hot at an early age when I accidentally fell onto an outdoor wood cook stove and caught myself with my hands. Life, many times painful, is a journey of cause and effect and knowledge is usually first acquired by the “school of hard knocks.” Real learning begins when we encounter an unpleasant effect that propels us to seek the cause. Without understanding the cause we are destined to experience the repeated instruction from a disagreeable, and sometimes destructive, instructor known as pain. Those who refuse to gain knowledge from their mistakes will end up as the Old Testament prophet Hosea predicted, “... destroyed for lack of knowledge.”

So what does this have to do with “dis-ease” prevention and maintaining health? Pre-sumption is a terrible killer. To presume is to assume or suppose something is true without proof (“lack of knowledge”) to the contrary. For example, with the person on the street assuming that if they eat something for a meal it will be digested — becoming totally usable food for their body — a classic common assumption. Likewise, the average American mom or dad presumes that as long as their children get food into their stomachs it will be digested. This is not an unusual assumption considering that the basic physiologic understanding of digestion has changed little since it was first described. Oh yes, more intricacies have been described within the general explanation, but nothing has changed—digestion is still presumed simply to be a process of mechanical and enzymatic breakdown of foods into smaller and smaller particles until those particles can pass through the intestinal walls into the blood stream. It is presumed that as long as food components can get into the blood it means the body can use them.

Enzymes Not The Answer

The next common assumption is that digestive enzymes are the solution to any indigestion or concerns over potential improper digestion. Digestive enzymes are promoted on the same assumption — as long as the food is chemically fractured into small enough parts it will get into the blood and then be available for the body’s needs.

I put the word “digestion” into my favorite internet search engine and what came up was web site after web site with the magic “natural digestive formulas,” “therapeutic formulations,” etc., etc., etc. If you believe the information on these sites you would have to believe the key to digestive problems is contained in the nutritional “silver bullets” being

♥ Josh Billings was a pseudonym for Henry Wheeler Shaw (1818-1885), an American writer that was known for his intentional introduction of misspelling into sketches.

sold for a premium price. And though I don't agree with Josh Billings' conclusion, I do agree that a "*good reliable set ov bowels iz*" extremely vital, because the brain depends on them.

Frequency & Digestion

The most well-kept secret about digestion began to be discovered by Dr. Cary Reams in the 1930's. It began with a German professor of agriculture by the name of Northrup who shared with Reams that grapes possess a unique frequency upon which they live and grow. This compelled Reams to take advantage of unique research opportunities, such as being asked by local police to determine if ashes from a fire were human or animal, to understanding the secret of plant feeding, and trying to determine why a small neighbor boy had epileptic seizures. From these and many other subjects Reams found that all species of plants and animals live on and each possess a unique mathematical frequency pattern. The frequency was not only distinctive to the species, but it revealed very significant clues on how that species altered incoming nutrient energy into a truly usable form. Reams found maximum physical health cannot be understood, let alone achieved in a given specie, until the frequency is known and taken into consideration. His mathematical approach to problem resolutions in biologic life revealed that digestion is not involving just mechanical and enzymatic breakdown, but, in fact, involves an electro-chemical frequency adjustment before the food energy released can be even usable by a given specie. Therefore, if frequency is not considered in the food and diet preparation and supplementation for a human (or plant or animal for that matter), it is a total guess as to how the food will or will not be utilized. The only guarantee that food energy will be usable is determined by whether that energy can be adjusted to the human frequency.

“Health By The Numbers”—The Math Of Perfect Health

“When you know the frequency you know the diet.” —Dr. Carey A. Reams

The end result of Dr. Reams' discovering the part frequency plays in digestion of animals as well as plants was his discovery of how certain tests done on fresh samples of urine and saliva could reveal how the diet and lifestyle of humans needed to be altered to maintain good health and/or obliterate degenerative situations. That is to say, Dr. Reams discovered the biomathematical secret to manipulating the diet and lifestyle of a man, woman or child in order to know that the food energy was being put on the proper frequency for complete and ideal nutritional utilization.

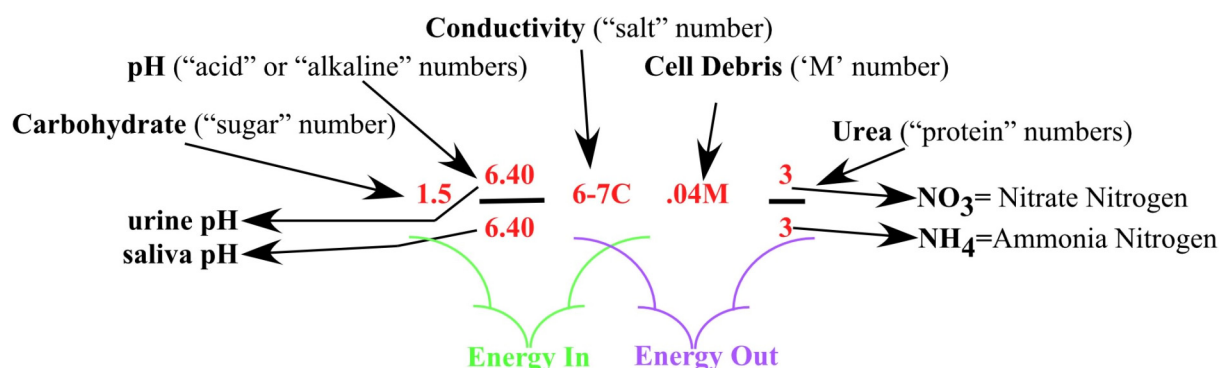
Because health science does not acknowledge frequency as a critical aspect of digestive physiologic function, they will never understand the cause of degenerative disease. Without an understanding of frequency in digestion “health care” will never go beyond sick care — which translates into treating effects, using drugs, herbs, enzymes, vitamins or and other similar remedies. The need to address the cause in the care of *dis-ease* remains missing. As frequency is the key to understanding digestion, so is frequency the key to knowing, not guessing, about what is causing the human *degenerative* conditions.

Before I was privileged to spend ten years studying and working with Dr. Reams, I spent several years trying to figure out how to know what was going on in the metabolic chemistry of my patients — what was the real cause of the rampant and endemic degenerative problems sickening my patients. I studied all the natural methods from iridology to homeopathy and acupuncture to hair analysis. I also studied the traditional allopathic laboratory diagnostic procedures. Yet, in retrospect, nothing I ever studied even remotely revealed the real cause of what was happening in human physical health as did Dr. Reams' Biological Theory of Ionization, as demonstrated through the urine and saliva bio-math test information.

Dr. Carey A. Reams has left to the world a vital and life-giving legacy that has been not only misunderstood, but also largely ignored by both the allopathic as well as the naturopathic/alternative health disciplines. Natural health, like allopathic disease treatment, is primarily guess-work and product driven, resulting in practitioners' ever stronger tendency to use shot-gun approaches and megadose the symptoms with the latest and greatest silver bullet formulas or inventions. Yet, as I heard Dr. Reams say so many times, "Why guess when you can be sure?"

What I have found in over a quarter century of working with Reams' Biological Theory of Ionization in human nutrition as well as agriculture, is that Reams actually discovered the foundation upon which all systems of health practice, and the medicaments / cures they use, could be evaluated in reference to how they may or may not be of value in human health. It is my firm belief and conclusion that one cannot claim to be a "natural or alternative health practitioner" unless they truly understand the system of analysis Dr. Carey Reams left for us. Reams' analysis is so vital to a alternative health practice that practitioners are only guessing without it. A practitioner who feels he knows everything without understanding Reams' Biological Theory of Ionization is making a "great mistake" as John Ruskin said, "Pride is at the bottom of all great mistakes."

General Implications Of RBTI Urine & Saliva Data



Carbohydrate Reveals	pH Reveals	Conductivity Reveals	Cell Debris	Urea Reveals
<ul style="list-style-type: none"> High Sugar. Low Sugar. Oxygen / Brain effect. Headache pattern. Alcohol levels. Body Temperature. Indigestion. Alertness sleepy / drowsy. Fainting patterns. Seizure Potential. Dizzy Motion / Morning sickness. Conscious energy level. Lemon Water sweetener. Relation to conductance 	<ul style="list-style-type: none"> Digestive speed / measure of resistance. Indigestion. Cationic / Anionic ratios and dominance. Calcium type. Calcium levels. Calcium disturbance. Insulin strength & effect. Fungal effect. Viral effect. Vit. C levels / loss. Vitamin B12 needs. Heat effects and losses. Electricity effects and losses. Oxidation Reduction Implications. Magnetic potentials. Effects (density, osmotic, viscosity) on all biologic systems. 	<ul style="list-style-type: none"> Conductivity effects on <ul style="list-style-type: none"> Fluid balance & viscosity. Tissue breakdown. Salting out. Cholesterol. Heart, blood vessels, nerves, muscles. Ionization levels. Osmotic pressure. High conductance is high osmotic pressure and low conductance is low osmotic pressure. Electrical force. Heat losses in relation to carbohydrate, pH and urea. 	<ul style="list-style-type: none"> Cell debris amounts and kidney stresses. Energy loss. Is nature cooperating? Species Frequency. <ul style="list-style-type: none"> The lower the frequency of the specie the higher the ideal M number. Vit. E. needs. Vit. A. needs. Vit C needs. 	<ul style="list-style-type: none"> Protein intake and outgo. Protein digestion potential. Protein toxicity or deficiency. Nitrogen toxicity or deficiency. Meat / food Toxicity. Hearing stress. Blood stress. Potassium uptake and/or dumping. Thyroid implications. Bile salt strength. Rest / Overwork relationships. Fasting status and regulation information. Brain / Cranial effects Anion / cation ratio. Right left relationships. Soluble / insoluble urea salts. Relation to conductivity.